

1 DAY WEEK MONTH YEAR AGE(S)	2 DAY WEEK MONTH YEAR AGE(S)	3 DAY WEEK MONTH YEAR AGE(S)	4 DAY WEEK MONTH YEAR AGE(S)	5 DAY WEEK MONTH YEAR AGE(S)	6 DAY WEEK MONTH YEAR AGE(S)	7 DAY WEEK MONTH YEAR AGE(S)
8 DAY WEEK MONTH YEAR AGE(S)	9 DAY WEEK MONTH YEAR AGE(S)	10 DAY WEEK MONTH YEAR AGE(S)	11 DAY WEEK MONTH YEAR AGE(S)	12 DAY WEEK MONTH YEAR AGE(S)	13 DAY WEEK MONTH YEAR AGE(S)	14 DAY WEEK MONTH YEAR AGE(S)
15 DAY WEEK MONTH YEAR AGE(S)	16 DAY WEEK MONTH YEAR AGE(S)	17 DAY WEEK MONTH YEAR AGE(S)	18 DAY WEEK MONTH YEAR AGE(S)	19 DAY WEEK MONTH YEAR AGE(S)	20 DAY WEEK MONTH YEAR AGE(S)	21 DAY WEEK MONTH YEAR AGE(S)



In Terrapin Quest, a *Terrapin* symbolizes resilient, sustainable growth through steady, intentional progress.

TERRAPIN QUEST

Unlock Your Flourishing with Intentionality, Creativity, and Community.

Tips for how to use your map

(in no particular order)

- You can use the map as a 21-Day, 21-Week, 21-Month or 21-year tool for longer range visioning.
- Add your age and the ages of people that matter to you. Circle important birthdays or upcoming events. What milestones do you see on the horizon?
- Using your 21-year lens, name shorter term goals, projects, or dreams that can be pursued in 21-day, 21-week, or 21-month increments.
- Use RAPID.CO to think of resources your Terrapin might need to flourish and put them on the map.
- Name 3-5 specific opportunities and dream collaborations for a successful quest.

“

All we have to decide is what to do with the time that is given to us.”

- J.R.R. Tolkien

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To learn more, contact future@RisingTideCapital.org

Welcome to the Terrapin Quest!

Your Terrapin symbolizes resilient, sustainable growth through steady, intentional progress.

Your quest begins with **the Greatest Migration**. The aim is to arrive in the *land of flourishing* where you, along with others, have a true sense of security and connection to purpose that comes with agency, autonomy, and community. To learn more scan the QR code.

At the center of every Terrapin's shell is **the purpose lantern**—a guiding light made up of **your vision, mission, and values**. Custom calendars and planning tools like RAPID.CO are designed to focus and pace your personal and collaborative journey to flourishing. The RAPID.CO is a living map of your Terrapin's shell, offering guidance for what is needed and available, while traveling within the rivers of the Greatest Migration.

The Terrapin Quest is for use by entrepreneurs, Restorative Investors, philanthropists and change makers interested in mapping a future of lasting wellness, impact, and success.

To begin your quest...

- 1. EXPLORE** the enclosed map and reflect on your purpose and journey through the Greatest Migration.
- 2. SCAN** the QR Code to customize key elements for your quest, including a values-led annual calendar of 7 seasons. Print or share with others.
- 3. DEVELOP** your own Terrapin's journey with wellness goals that extend your vision across 21 day/ week/month/year.
- 4. SHARE** your milestones towards flourishing and invite others looking for more rhythm and inspired action with less burnout.
- 5. SUBSCRIBE** to receive more opportunities for curated quest experiences that buildout the full capabilities of your Terrapin.

